

**Diversity, Equity, & Inclusion Corner**  
**This Month's Happenings: April 2023**

**HSO Diversity, Equity, & Inclusion Week 4/17 - 4/21**

HSO's 2<sup>nd</sup> annual Diversity, Equity, & Inclusion Week is almost here! Check out the schedule to see how you can participate every day and have a chance to win some awesome prizes!

**Diversity, Equity, & Inclusion Week**  
**"What Makes Us Unique?"**  
**April 17-21, 2023**



**What is Diversity, Equity, and Inclusion (DEI)?**

*Team Flower Activity:* Ask your Brand Ambassador for flower templates & instructions. Once complete, answer the team question & submit along with a photo of your team's flowers to Yammer by Friday for a chance win!



**Why is Diversity, Equity, & Inclusion important?**

Fostering DEI initiatives increases knowledge sharing, productivity, problem-solving, & work culture.  
*Provide feedback on HSO's DEI Program anytime this week by completing the email survey for a chance to win!*



**Lunch & Learn: 12pm Zoom**

Join April Callis, PhD (Associate Director, LGBTQ+ Initiatives, Miami University) for a discussion on LGBTQ+ language, disparities, and strategies for allyship.  
*Email Logan Graham for Zoom link (or check daily email).*



**Upcoming Trainings**

Keep an eye out for HealthStream trainings: "Diversity in the Workplace" and "Cultural Competence: Providing Culturally Competent Care" to complete later this year.  
*Stay tuned for additional learning opportunities!*



**Holiday Spotlight: Eid al-Fitr**

Ramadan, the holy month of fasting for followers of Islam, is predicted to end the night of April 20-21 this year. *Check your email to learn how the holiday Eid al-Fitr, or "Breaking of the Fast," is celebrated.*



## World Autism Awareness Day 4/2

Passed by the United Nations in 2007, [World Autism Day](#) aims to raise awareness of autism and autistic individual's contributions in the world. To learn more, join us by tuning into this virtual webinar, [Transformation: Toward a Neuro-Inclusive World for All](#), on Sunday, April 2 from 10am-1pm. This event will discuss contributions autistic people make to society and how to overcome barriers and improve the lives of autistic people, featuring speakers from across the globe. Additionally, check out this list of FREE resources and weekly inclusion meetings Dr. Cara Killgore put together to help adults of children with special needs. Thank you Dr. Killgore for sharing! If you know of any additional resources to add to the list, please send to Dr. Killgore and Logan Graham.



## Easter 4/9

[Easter](#) is a Christian holiday celebrating the [Resurrection](#) of Jesus Christ on the third day after his [Crucifixion](#). The earliest recorded observance of an Easter celebration dates back to the 2<sup>nd</sup> century. Easter is traditionally celebrated with a feast to mark the end of the Lenten fast, with foods such as eggs, ham, cheese, bread, and sweets consumed. Easter egg hunts are also popular among children. The first recorded painted Easter eggs date back to the 13<sup>th</sup> century. During this time, the Christian church prohibited eating of eggs during the Holy Week (week between Palm Sunday and Easter). However,

chickens continued to lay eggs and thus the notion of identifying these Holy Week eggs from other eggs resulted in their colorful decoration.

## Eid al-Fitr 4/21

[Eid al-Fitr](#) celebrates the end of the holy month of [Ramadan](#) for followers of [Islam](#). This "holiday of fast breaking" is one of two major holidays of the Muslim calendar. Eid al-Fitr is an elaborate celebration where many gather with their local community for joint prayer, new clothes are worn, gifts are exchanged, and family and friends gather to share meals. Eid al-Fitr is as important to Muslims as Christmas and Yom Kippur are to Christians and Jews.





### Earth Day 4/22

[Earth Day](#), created by Senator Gaylord Nelson in 1970, marks the anniversary of the birth of the modern environmental movement. Senator Nelson had long been concerned with the environment in the United States, particularly after the massive Santa Barbara oil spill in 1969. Inspired by the student anti-war movement, Nelson organized a teach-in on college campuses on April 22. Following its small-scale success, the name of the day was changed to Earth Day and sparked immediate national attention. Since then, Earth Day has grown to

be the largest secular observance in the world. This Earth Day, consider going on a walk to clean up trash and plastics in your neighborhood. You can also join an organized walk, such as through [Clean-Up Wilmington](#) or other county organizations!