

Name: Alyssa Kim

School/Degree: A.T. Still University School of Osteopathic Medicine in Arizona (ATSU SOMA),
Doctor of Osteopathic Medicine

What student program were you involved in at HSO? I was able to complete my outpatient family medicine clinical rotation at the HSO Family Practice in Hillsboro and Lebanon.

What are your career goals/interests? I'm currently most interested in neurology and physical medicine and rehabilitation. I also have a strong passion for pursuing a career in medical education and contributing to public health initiatives that serve minority and underserved communities.

What do you like to do in your free time? As an aspiring Yelp Elite reviewer, I love exploring new restaurants and cafes around Cincinnati with my friends! I also enjoy barre and pilates classes as well as traveling and creating vlogs.

What's something you've done recently that was out of your comfort zone? I went camping for the first time at Banff National Park in Canada!

What made you interested in HSO? Through the partnership that our school has with HSO, I knew I'd have the opportunity to serve a unique patient population. Our patients had diverse and multifaceted needs, and HSO serves as the first line of care for many with complex conditions. With my background in public health, I was motivated to see firsthand how social determinants of health can complicate a patient's medical course and to play a role in assisting with their care.

Please share your favorite experience while at HSO: One of my favorite aspects of HSO was the incredible variety of patients I was able to see. In just one week, I was able to complete my first pap smear independently, perform a shave biopsy on a neck lesion, and even assist with a newborn physical. It was also a great experience to work with Dr. Tiffany Crider again, who was our osteopathic manipulative treatment (OMT) professor last year. She not only modeled exceptional patient care as an outstanding physician and mentor, but also gave me the chance to treat patients with OMT using my own hands.

What advice would you share with other students? Stay open to new learning opportunities and approach everything with enthusiasm! No matter which rotation you're on, there's always something valuable you can take with you into your future practice as a physician. Before family medicine at HSO, I was on a surgery rotation, and it was amazing to see how much knowledge and skill translate between two specialties that seem to be at opposite ends of the spectrum.